

# WESTWOOD WARD EMERGENCY PREP Go-Bags

---

Just as scripture study is now focused in the home, Emergency Preparedness is a home-centered effort. You should have a Go-Bag or Bags that provide for every member of your family.

The ward committee does not arrange for purchase of Go-Bag items for members, nor can we personally vouch for the following resources where survival/disaster/emergency bags may be purchased; these websites are provided simply as examples of what is available. Note: these bags do not include your personal needs such as prescriptions, cell phones and chargers, etc. given in the list for a Go-Bag that follows. We leave it to the individuals and families to find the best solution for their own circumstances.

[https://www.firstaidglobal.com/preparednesskits?gclid=EA1aIQobChMIzailkq6HgAMVrgCtBh0rxwq4EAAYBCAAEgLByPD\\_BwE](https://www.firstaidglobal.com/preparednesskits?gclid=EA1aIQobChMIzailkq6HgAMVrgCtBh0rxwq4EAAYBCAAEgLByPD_BwE)

An example of a one-person bag that does not include your personal items:

<https://www.stealthangelsurvival.com/products/1-person-emergency-kit-survival-bag-72-hours-stealth-angel-survival>

An example of a four-person bag that does not include your personal items:

[https://judy.co/products/the-mover-max?gad=1&gclid=CjwKCAjw-7OlBhB8EiwAnoOEk12StkHPtQESGtRwD\\_b-nvXr4kkvzelJfMDU61FsYyk61sxD1ReddhoCen8QAvD\\_BwE](https://judy.co/products/the-mover-max?gad=1&gclid=CjwKCAjw-7OlBhB8EiwAnoOEk12StkHPtQESGtRwD_b-nvXr4kkvzelJfMDU61FsYyk61sxD1ReddhoCen8QAvD_BwE)

If you choose to assemble your own Go-Bag, this checklist that may help you.

## **PACK AHEAD.**

### *Items to pack in your go-bag now:*

- Aluminum Water Bottle
- Emergency Radio
- Emergency Whistle
- Flashlight and extra batteries
- First aid kit
- K/N95 Masks (for dust and infectious particles)
- Disposable Gloves
- Personal Hygiene Items, including:
  - Comb/brush, shampoo/conditioner

- Soap, washcloth, small hand towel
- Tissue pack
- Toothbrush/toothpaste
- Deodorant

***Be sure to also include:***

- **5 Minute Plan.** Have one Ready!
- **Cash.** Include small bills, which you can add to your bag over time by saving up.
- **Documents & Photos.** Save important documents and photos to a thumb drive, including copies of identification, insurance, deeds, titles, other documents important to you, and photos of family and pets.
- **Map.** You may not have cell service during an emergency, so get a paper map and note the route(s) out of your neighborhood. Know your exit routes!
- **Medications.** Add a list of all prescriptions, including pet prescriptions and other important medical information.
- **Hand Sanitizer/Anti-Bacterial Wipes**
- **Thermal Blanket**
- **Notepad/Pen**
- **Flash Drive (for saving copies of important documents/photos)**

## **BE PREPARED.**

***Things to do and pack when an Evacuation Warning is given (before you must leave):***

- **Bring Flammable Items Indoors**
- **Charge Cell Phone(s) and Laptop(s)**
- **Close Windows & Doors** (*leave unlocked*)
- **Food & Water.** Add protein bars, instant oatmeal, or nuts and seeds to your go-bag, and water to the aluminum water bottle.
- **Locate Pets**
- **Turn off Propane/Gas**
- **Check on Neighbors**
- **Gather diapers, etc. if you have a baby**

## **PACK AS YOU LEAVE.**

***Grab the Six "P's" as you are leaving:***

- **People and pets**
- **Papers, phone numbers, and important documents**
- **Prescriptions, vitamins, and eyeglasses**
- **Pictures and irreplaceable memorabilia**
- **Personal computer, hard drive and flash drives and cell phones and chargers**
- **"Plastic" (credit/debit cards) and cash**

***Place the packed Go-Bag in your vehicle!***